

Antibiotics

Why Not Antibiotic ?

Antibiotics are very useful for certain types of infections caused by bacteria germs. They may even be life saving for serious bacterial infections. However, most common infections are caused by **virus germs**.

Virus Infections

Many of the common infections of the nose, throat, ears and chest are due to viruses. Flu and flu-like illnesses are also caused by viruses. Diarrhoea and/or vomiting is often due to a virus infection in the gut. The immune (defence) system is good at fighting off any types of virus infection in children and adults who are normally well. An **antibiotic is NOT needed** if a virus is causing an infection.